



GIG  
CYMRU.  
NHS  
WALES

Bwrdd-lechyd Prifysgol  
Betsi Cadwaladr  
University Health Board

### Annwyl Riant / Gwarcheidwad

A gawn ni ofyn am eich cydweithrediad ar fater pwysig?

Mae un o'n disgvblion yn derbyn triniaeth ar gyfer cancr, ac os y daw i gysylltiad a'r frech goch, frech yr ieir neu'r eryr gall yr haint beryglu ei fywyd.

Os y tybiwch fod brech ieir neu'r frech goch ar eich plentyn dylech adael i ni wybod yn syth. Mae yn hanfodol i chwi ein hysbysu os y bydd rhywun yn dioddef, er mwyn i deulu'r plentyn gymryd y camau angenrheidiol a chael y cyffur pwrpasol i roi i'r plentyn ond mae yn bwysig fod y cyffur hwn yn cael ei roi dim mwy na 72 awr ar ôl cysylltiad gyda'r haint.

Os tybiwch fod yr enyr wedi torri allan yn eich cartref mae rhaid cael gwybodaeth am hyn hefyd.

Y ffordd orau i warchod y disgylbw yw drwy imwneiddio. Efallai'n hoffwch drafod hyn gyda eich Ymwelydd lechyd/Nyrs Ysgol neu Feddyg Teuluol os yw eich plentyn ddim wedi derbyn y brechiad.

**Nid yw'ch plant chwi mewn unrhyw berygl** ond mae iechyd ein disgylb yn dibynnu ar eich cydweithrediad gan y gall ddal yr haint yn hawdd gan fod ei system gwrthsefyll heintiau yn wan.

Diolch yn fawr

Dear Parent / Guardian

Please may we ask for your co-operation in an important matter?

One of our pupils is receiving medical treatment for cancer which, because of this, puts them at risk if they are exposed to measles, chicken pox or shingles; the situation could be life threatening for them.

If you suspect your child of having chicken pox or measles you should let us know immediately.

By prompt action we can inform the family of the outbreak and they can take action to help protect their child by administering oral medication which MUST be given within 72 hours of contact.

It is also very important that you let us know if there is a shingles outbreak in your household.

The best way to protect our pupil from measles would be to have your child immunised. You may like to discuss immunisation with your Health Visitor/School Nurse or GP if your child has not already received it.

**Your child is not at any risk** whatsoever from this situation – the health and well being of our pupil who is at risk, however, does depend on your co-operation, as they will be at greater risk of infection due to the suppression of their immune system.

Thank you